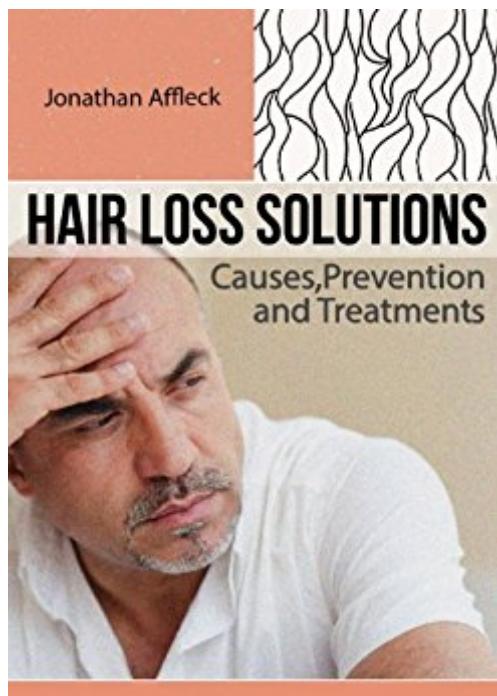


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# Hair Loss Solutions: Causes, Prevention And Treatments



## Synopsis

The Most Comprehensive Guide to Your Hair Loss Treatment, Restoration, and Prevention Options

Hundreds of millions of people all over the world are suffering from alopecia. Hair loss can occur in many ways and varies greatly from person to person. Thinning hair, a receding hairline, bald spots and excessive shedding are all effects of hair loss, which can be caused by factors like age, disease and genetic disposition. Loss of hair makes you feel much older than your actual age and for some, hair loss leads to loss of self esteem and confidence. It's important to know that most hair loss is progressive. If you don't do something about it, you'll continue to lose more and more hair over time. Successful treatment of alopecia is only possible if you know the actual cause of the problem. By understanding your unique situation, you will be able to identify the best hair treatment options for your condition. What matters now is focusing on your goals, identifying what you need to get there, and taking action to begin the process. Your hair deserves better treatment, so stand strong, believe in yourself, and let your treatment effort begin now! This book offers various treatment and care options from natural to medicated and surgical treatments.

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## **Customer Reviews**

A wonderfully informative book on the many causes of hair loss, clarifying myths surrounding the condition and giving great tips on how to prevent future hair loss. Affleck has researched his subject extremely well balancing medical treatments with a range of proven natural remedies. Good value packed with information â “ highly recommended.

Yes yes yes yes. Unfortunately, am starting to lose my hair a bit at the front. Nothing major but when I went to the barber they commented on it (yes he was a cheaper 8\$ Asian barber so etiquette isn't always present). In any case, I'm excited to try these tips out and hope they can help stem my loss and even bring some back. Didn't think all the solutions were practical hence taking away one

star but can always change if they are!

I know this is a subject a lot of my older friends are worried about and not many of them are comfortable with talking about it or seeking advice openly, so that's why I just make sure they get their hands on this book so that they don't have anything to worry about. A lot of advice in this area is complicated or requires you to purchase a billion different potions and powders and stuff but this guide is just very straight forward and comprehensive and covers a lot of different issues with hair loss because it's different for everyone experiencing it. If you're even remotely worried about hair loss, pick up this book.

The author provides a very thorough guide to help in various ways regarding prevention, reversing beginning levels of hair loss and then extends into more advanced options for pattern baldness. I received a lot of information that I didn't know about hair loss and it was a great help.

I found this book easy to read, informative and a fantastic, comprehensive view of all that encompasses hair loss, potential prevention and treatment options. Whatever situation you might find yourself in with regard to hair loss, this book contains information that is practical and useful - you can't read it without taking away some fantastic tips and advice on how to deal with this problem. It is encouraging to see hair loss being confronted openly, without embarrassment.

Very informative and well written. This helped me understand why my hair was falling out and what kind of treatment options are available. After reading this book, I see some hope that I can prevent further hair loss.

I found this book easy to read and informative. Whatever situation you might find yourself, this book contains practical treatments for different kinds of hair loss.

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